

# Home and Community-Based Services (HCBS) Rule - Update

SC Developmental Disabilities Council Meeting Kelly Eifert, Ph.D. Project Manager, SCDHHS June 14, 2016

#### What is the HCBS Rule?

- CMS published the HCBS rule on January 16, 2014 with an effective date of March 17, 2014.
  - All states must be in compliance with the HCBS rule by March 17, 2019
- Home and Community-Based (waiver) services should:
  - Protect an person's rights
  - Take place in an integrated setting
  - Give a person access to their community
  - Focus on what a person's goals are
  - Provide a person with choices

#### Independent • Integrated • Individual

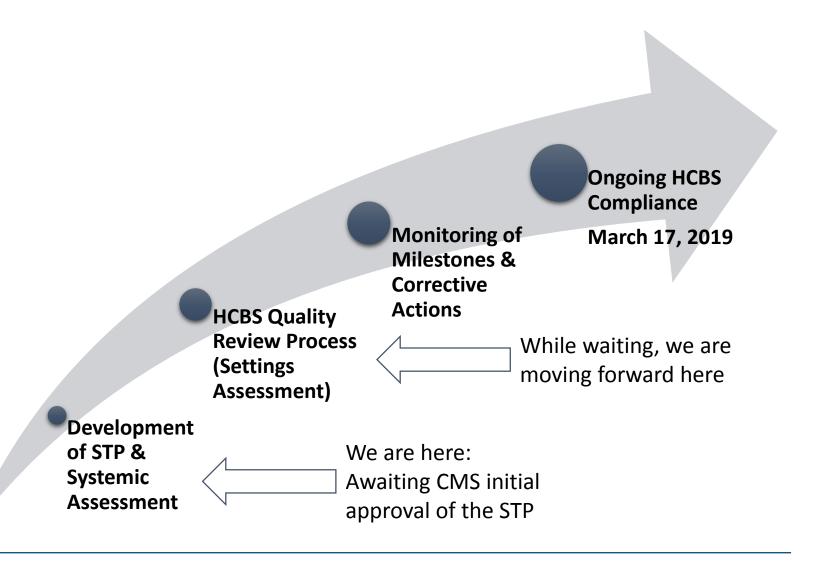


#### **HCBS Rule Overview**

- Two Areas of Focus:
  - Person-Centered Service Planning
    - Process
    - Plan Requirements
    - Review
  - Home and Community Based Settings Requirements
    - Settings characteristics
    - Heightened Scrutiny



## **Statewide Transition Plan Update**





# Person-centered planning

- Individual at the Center
- Support System
- Informed Choice
- Convenient
- Understandable



- Not cookie-cutter
- Holistic
- Strengths & Preferences
- Goals & Outcomes
- Support Needs

Graphic Source: http://ssw.unc.edu/cares/PCTconf.htm



## Person-centered planning

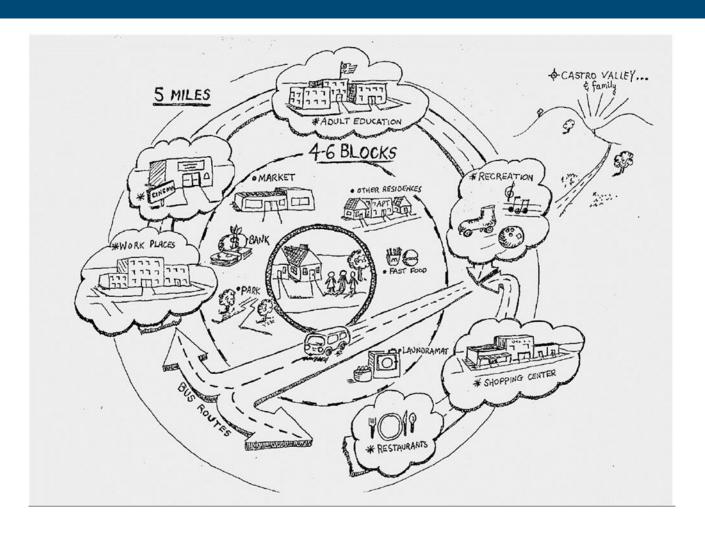
"PCP must be implemented in a manner that supports the person, makes him or her central to the process, and recognizes the person as the expert on goals and needs." (emphasis added)

USDHHS. (June 2014). Guidance to HHS Agencies for Implementing Principles of Section 2402(a) of the Affordable Care Act: Standards for Person-Centered Planning and Self-Direction in Home and Community-Based Services Programs. (5) Retrieved from:

http://www.acl.gov/Programs/CIP/OCASD/docs/2402-a-Guidance.pdf



# **HCBS Settings Requirements**



**Graphic Source**: O'Brien, C.L. and O'Brien, J. (2000). *The Origins of Person Centered Planning*. Retrieved from: http://www.nasddds.org/uploads/documents/The Origins of Person Centered Planning Obrien and Obrien.pdf



### **Updates**

- HCBS Rule Monthly Workgroup
  - Meets first Thursday of every month
  - Check Events on scdhhs.gov/hcbs for next meeting
- Person-centered planning workgroup
  - Meets first Wednesday of every month
- HCBS Technical Assistance (TA)
  - Person-centered planning
  - Conflict Free Case Management
  - Day Services (waiting)



### **Updates**

- Employment
  - WIOA requirements
  - SC Disability Employment Coalition
  - DDSN Employment First
- Site Visits
  - Reviewing Adult Day Health Cares (ADHCs) first
  - Initial findings:
    - Including individuals in the ADHC plan of care development
    - Programming



#### Feedback?

- Where we need your help:
  - We need your feedback on the places where you or someone you know receives services
    - Day programs?
    - > Adult Day Health Care?
    - > Residential home?
  - We need your feedback on the process of how service plans are developed
    - > Is the person included in the process?
    - ➤ Is it convenient for the person (not the case manager)?
    - Does the case manager listen to the person?
    - Does the case manager include the person's input in the service plan?



#### **Questions?**

• Website:

https://msp.scdhhs.gov/hcbs/

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